



PARKINSON'S DISEASE NEWS

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EXCESSIVE DAYTIME SLEEPINESS IN PARKINSON'S DISEASE

Excessive daytime sleepiness (EDS) is a common feature of Parkinson's disease (PD) that contributes to the disease burden and increases the risk of harm. For more information go to : <http://www.aafp.org/afp/2009/0301/p391.html> The aim of this study was to examine persistency and risk factors for EDS in people with Parkinson's Disease.



Excessive daytime sleepiness proved to be a non-persistent symptom in Parkinson's Disease, although persistency and the proportion of patients with EDS increased when followed up. At the outset, 43% of people with Parkinson's Disease had EDS. This increased to 46% when checked later on. Those factors that were more associated with Excessive daytime sleepiness in Parkinson's Disease were : male gender, poorer night time sleep, cognitive dysfunction, autonomic dysfunction, hallucinations, less severe dyskinesias, dosage of dopamine agonists, and use of anti-hypertensives.

With longer disease duration of Parkinson's Disease a large proportion of patients develop Excessive daytime sleepiness (EDS). However, some of the risk factors are modifiable, and so can be altered in order to lessen the degree of Excessive daytime sleepiness.

Reference : Parkinsonism and Related Disorders [2016] Jan 22 [Epub ahead of print] (KI. Zhu, J.J.van Hilten, J.Marinus)

Complete abstract : <http://www.ncbi.nlm.nih.gov/pubmed/26846609>

<http://www.viartis.net/parkinsons.disease/news/160211.pdf>

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