

# HOEHN AND YAHR

## STAGING OF PARKINSON'S DISEASE

### Stage One

- 1 Signs and symptoms on one side only
- 2 Symptoms mild
- 3 Symptoms inconvenient but not disabling
- 4 Usually presents with tremor of one limb
- 5 Friends have noticed changes in posture, locomotion and facial expression

### Stage Two

- 1 Symptoms are bilateral
- 2 Minimal disability
- 3 Posture and gait affected

### Stage Three

- 1 Significant slowing of body movements
- 2 Early impairment of equilibrium on walking or standing
- 3 Generalized dysfunction that is moderately severe

### Stage Four

- 1 Severe symptoms
- 2 Can still walk to a limited extent
- 3 Rigidity and bradykinesia
- 4 No longer able to live alone
- 5 Tremor may be less than earlier stages

### Stage Five

- 1 Cachectic stage
- 2 Invalidism complete
- 3 Cannot stand or walk
- 4 Requires constant nursing care